



December Mommy Moments & Tours Live!

- Join us virtually for Live Prenatal Education and Tours with opportunity to ask questions

You will not be on camera, be comfy in your PJ's if you like!

Upcoming classes with tour at end of class:

❖ Labor & Delivery Class & Tour

❖ Tuesday, 12/1 5:30 p.m.-7:30 p.m.

❖ Newborn, Postpartum & C-Section Class & Tour

❖ Monday, 12/21 5:30 p.m.-7:30 p.m.

❖ Breastfeeding Class & Tour

❖ Tuesday, 12/29 5:30 p.m.-7:30 p.m.

❖ Virtual Tours available as needed

- call or email to request tour only

Register by calling 1-800-476-8723

or

Register by email to Melissa.Gettelfinger@bhsi.com

Please include: Name, Dates of Classes/tour to register,

Due date, Doctor, and date of next office appointment.