

# November Mommy Moments & Tours Live!

- Join us virtually for Live Prenatal Education and Tours
- with opportunity to ask questions

You will not be on camera, be comfy in your PJ's if you like!

## Upcoming classes with tour at end of class:

### ❖ Labor & Delivery Class & Tour

- Tuesday, 11/10 5:30 p.m.-7:30 p.m.

### ❖ C-Section, Newborn, Postpartum Class & Tour

- Thursday, 11/12 5:30 p.m.-7:30 p.m.

### ❖ Breastfeeding Class & Tour

- Tuesday, 11/17 5:30 p.m.-7:30 p.m.

Register by calling 1-800-476-8723

or

Register by email to [Melissa.Gettelfinger@bhsi.com](mailto:Melissa.Gettelfinger@bhsi.com)

Please include: Name, Dates of Classes/tour to register,

Due date, Doctor, and date of next office appointment.